

January Weekend Zen Retreat with Zoketsu Norman Fischer



Norman Fischer is a Zen priest, a husband, a father, and a poet: a teacher with wide-ranging interests and passions. During almost 30 years at San Francisco Zen Center, he served in many positions. Norman retired as the abbot of Zen Center in 2000 to take his teaching out into the world. He continues his involvement with the Zen Center as a senior Dharma teacher. Norman believes in the possibility of "engaged renunciation": living a fully committed religious life that does not exclude family, work, and a passionate interest in the world. He is founder of the Everyday Zen Foundation (www.everydayzen.org).

This non-residential silent retreat is suitable for both beginners and experienced students. Beginners are advised to discuss the schedule with the registrar. It will include periods of zazen (sitting meditation), kinhin (walking meditation), chanting, and talks by the teacher. There will also be opportunities for individual interviews with the teacher.

Friday, January 25 from 7:00 p.m. to 9:00 p.m.
Saturday, January 26 from 9:00 a.m. to 9:00 p.m.
Sunday, January 27 from 9:00 a.m. to 4:00 p.m.

Location: Liu Centre – 6746 NW Marine Drive, U.B.C. Campus

Cost is CDN\$75 or US\$75 (\$65 for MRZC members)
(Sliding scale for students and limited income- \$10 and up)

The retreat fee covers only the basic costs of this retreat but does not include any payment to the teacher. To help support his teaching, please make a donation to the teacher at the retreat.

For further information, contact the registrar: Claire Talbot
Email: registrar@mountainrainzen.ca Phone: (604)733-5657

PLEASE REGISTER EARLY: SPACE IS LIMITED!

To register, please send in the registration form on the back of this page.

Sponsored by the Mountain Rain Zen Community (www.MountainRainZen.ca)



REGISTRATION FOR THE ZEN RETREAT January 25-27, 2008

Name _____ Telephone: _____

Address _____ E-Mail: _____

City _____ Postal Code _____

I have previously done a Zen retreat: yes _____ no _____

I have previously done a meditation retreat: Type _____

I can provide housing for a retreatant from out of town: yes _____ no _____

Pets? Please list: _____

(Please consider offering a space if at all possible. Many retreatants come from out of town and rental accommodation is prohibitively expensive.)

I will need housing for the weekend: yes _____ no _____

(Our members traditionally offer hospitality to out-of-town participants who need a place to stay, but we sometimes have more requests than we can fill. We will let you know a week prior to the retreat if space is available).

Allergies? Please list: _____

I am willing to volunteer some time to help with the retreat (for example, setting up and taking down the meditation hall, making tea, assisting with registration):

Yes _____ no _____

Please send this registration form with the retreat fee of \$75 Can. or \$75 US
(\$65 Can for MRZC members) payable to **The Mountain Rain Zen Community**

Mail to: Claire Talbot

2567 West 6th Ave.

Vancouver, B.C., Canada, V6K 1W4

Please register early; space is limited

A confirmation letter with details about the retreat will be sent. Please call **(604)733-5657** or email Claire Talbot at **registrar@mountainrainzen.ca** for more information. Or Kate and Michael at **604-462-0604**

Up Coming Events

Jan 25: *Conscience and Courage: Living a life of Conscience in a Troubled World*

Day workshop with Zoketsu Norman Fischer and Kakushi Kate McCandless. Please call Claire Talbot at **(604)733-5657** and see MRZC website for more information

April 4-6: Weekend Retreat with Tenshin Reb Anderson, Asian Centre at UBC, registrar TBA

May 9-11: Weekend retreat with Zoketsu Norman Fischer, Liu Centre at UBC, registrar TBA